

## School Based Mental Health

Tri-County Behavioral Care offers in-district counseling services to include Tier II and Tier III interventions, individualized and small group counseling, and school clearance assessments for Pre-K-High School.

## **In-District Counseling Services:**

- · Licensed clinician on-site
- · Individual counseling sessions
- Counseling sessions available before/after school hours
- Conduct intake and evaluation assessment for newly referred students.
- Therapeutic caseload of 30 students

## **School Clearance Assessments:**

- In school screening for students with suicidal ideation, threats to others and self-harm.
- Students with imminent plans for suicide or violence should be referred to the emergency room for higher levels of care.
- Biopsychosocial assessment completed and returned immediately to the district.
- Treatment and referral recommendations included with the assessment.
- District requirements discussed and incorporated into a protocol plan for when School Clearance Assessments are conducted on-site.

## **Additional Services:**

- Small group counseling sessions
- Mental health services for students throughout the summer
- Therapist available for Extended School Year (ESY) programs
- · IEP consultations
- Record and maintain confidential records, reporting, and data for each student.
- Regular communication and support to caregivers about their child.
- Collaboration and review with the administration, school counselors, and Child Study Team (CST) members on the needs of the students.

Susan M. Breton, Ed.D.

Director IDC-School Based Services
908-310-4296
susanbreton@tcbllc.org









Tami Haupt School Based Coordinator 973-598-5499 tamihaupt@tcbllc.org