



COMPREHENSIVE ADOLESCENT PROGRAM (CAP)

CAP at the Center for Evaluation and Counseling is a state funded program, making it **FREE** to families.

TARGET POPULATION

At risk and/or court-involved juveniles, both male and female, ages 12 to 18 in Morris County. Juveniles can either be referred on a prevention level through schools or community partners, on a diversion level through police stations/intake services/Juvenile Conference Committee, and a disposition level through probation and Court.

KEY PROGRAM COMPONENTS

Case Management: All CAP participants are provided services through CEC and will be linked with other social services agencies as needed. CAP maintains regular contact with other system providers involved with adolescent in order to maximize success in the program.

Individualized Case Plan: All CAP participants are required to have a minimum of 2 face to face contacts with staff every week through individual support, family support, psychoeducational groups (coping skills, anger management, emotional regulation, life skills, healthy choices, conflict resolution, and positive decision making). Program length is minimum 90 days.

Parent Participation: Parents are invited to attend the Parents Helping Parents group and have direct contact with the youth's case manager

Supervised Community Service: CAP provides the opportunity for youth to complete either court or police involved community service hours here at the agency.

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