

## WHAT OUR CLIENTS SAY...



"I went into the Day Program with Elisa when I was 15 years old. I hated everyone and mostly didn't like myself much. I never met a counselor or authority figure that I didn't want to argue with or defy until Elisa. She made me laugh and more than anything, she understood me and how I felt. She was able to relate to me because she struggled in high school too. I loved the program and actually wanted to stay longer after I completed. From screaming at my mom in the car on the way there saying I am not going in to not wanting to leave, it makes me laugh now.. I am now in college and owe a lot to Elisa because she helped me realize that I needed to "just take the help"! - Marissa

"As a parent I was hesitant to put my son in treatment. It was so hard to discern typical teenage behaviors from a real problem that could continue and cause him long term suffering.

The Day Program gave me my son back! He's still a teenager but now our home has laughter, communication, and trust again. This program was so much more than drug treatment, it's life lessons that they never want to hear from us,(the mom).. As Elisa always says, "Pray for the stranger to carry the message". Now, my son is a senior in high school, his grades have gone up, he makes better choices, and more than anything, he has a newfound confidence in himself that is so beautiful to see. I am forever grateful to Elisa and her program". -Janet R.

## ELISA WARREN Director of Adolescent Services

*A life is not important except in the impact it has on other lives*

-JACKIE ROBINSON



Elisa Warren has dedicated her entire career to working exclusively with adolescents and their families. Her unparalleled commitment to helping teens find their voice while discovering their self-worth has made her a provider of choice for nearly 20 years. Her approach to treatment is that of compassion and understanding, that the teenage years are often the most turbulent as teens experience feelings on a much deeper level. She understands that they often act on how they feel, not what they think, thus teens struggle with foreseeing negative consequences.

Part of the successful growth of her program is her deep-seated belief that everyone is special and has the ability to change and grow. Elisa often uses humor while instilling a desire in each client that motivates them to want to change. She is a firm believer that treating the whole family is a vital part of sustaining long term recovery and change. Her gift is being able to read people and understand what is being said, without it being said. Her natural insight into adolescents has proven her highly regarded as a choice provider. Elisa is always available to parents in need, staff members, and referral sources. This open line of communication further punctuates the difference when parents and professionals are choosing programs.

## ASPIRE COUNSELING CENTER



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