



No More Whispers About Mental Health Issues

Festival of Hope

Funded by the Reiser Family Foundation

Saturday, September 15

9:00am to 12:00pm

Chilton Medical Center

97 West Parkway, Pompton Plains, NJ 07444

Join Chilton Medical Center and Atlantic Behavioral Health at a FREE community-focused event designed to promote education about mental health awareness, depression and suicide prevention, and the importance of access to mental health care.

Our special guest speaker will be Kevin Hines, who survived a suicide attempt from the Golden Gate Bridge. He is traveling the country, bringing his unique firsthand perspective to the subject of suicide prevention, to foster hope and understanding between those caught in the throes of despair and their loved ones.

In addition, there will be displays and educational materials from Attitudes in Reverse®, the National Alliance on Mental Illness, Mental Health Association and other partners.

Atlantic Health System's No More Whispers Campaign is focused on getting people to talk openly about a condition that affects one in six U.S. adult lives, according to the National Institute of Mental Health.

The event will also feature pet therapy dogs and other community partners including the National Alliance on Mental Illness Healing Through Art Campaign, who will also present mental health education.

In Their Shoes™ Exhibit

- › Unless you have walked IN THEIR SHOES™ you would never know the overwhelming feeling of sadness, anxiety & hopelessness that cause hundreds of young people to end their lives.
- › The exhibit will consist of 269 pairs of shoes to represent New Jersey youth, ages 10 through 24, who lost all hope and ended their lives in the years between 2013–2015.

Butterfly Release

- › Butterfly Release is held to honor friends and family members who were lost too soon.