

MENDING ARTS GROUP FOR TEENS

**Groups are facilitated by a Licensed Clinician and
an Artist**

**Some group topics will include: coping skills,
social media challenges, communication skills,
depression, and anxiety. This is an open group-
teen can join anytime**

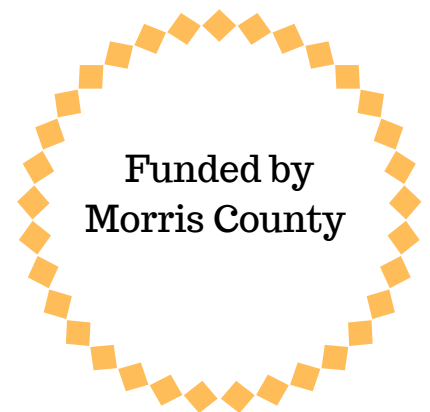
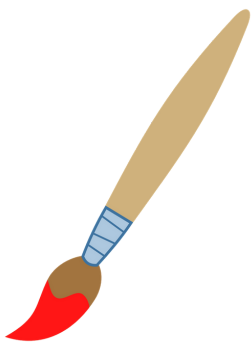
February 9 - April 27th

Wednesdays

6:00 pm - 7:30 pm

Online Group via zoom

Teens ages 13-17



For more informatio or to register

please contact

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