



Compassionate,  
Reliable Support  
for Individuals with  
**Developmental  
Disabilities in New Jersey**



## Our Services

- ✓ **Community-Based Supports**  
Assistance with engaging in community activities, building social skills, and fostering meaningful connections.
- ✓ **Life Skills Development**  
We help individuals build essential daily living skills that promote independence, confidence, and meaningful participation in life.
- ✓ **Individual Supports**  
One-on-one assistance tailored to help individuals achieve personal goals, maintain independence, and develop daily living skills.
- ✓ **Respite Care**  
Temporary relief for caregivers while ensuring individuals continue to receive safe and compassionate support.
- ✓ **CSOC Youth Services (Under 21)**  
We support young individuals with guidance and structured programs that promote growth, independence, and positive life development.

## First Guardian Healthcare LLC

*Dedicated to Dignity, Independence, and  
Quality Care*

At First Guardian Healthcare, we are committed to delivering exceptional care to individuals with developmental disabilities across New Jersey. Our trained and compassionate staff work closely with individuals, families, and support coordinators to ensure every service is tailored to each person's unique needs and goals.

## Contact Information

- 📞 908-764-9617
- ✉️ [Info@firstguardiannj.com](mailto:Info@firstguardiannj.com)
- 📍 835 Mountain Ave  
Springfield NJ 07081

[www.firstguardiannj.com](http://www.firstguardiannj.com)

