

# Middle School Social Skills

Middle school can be tough socially—but the right support can make a huge difference.

**STARTING**

**Wednesday July 8<sup>th</sup>**

**3:30-4:30 PM**

This summer group helps pre-teens and young teens strengthen the social and emotional skills needed to feel more confident, connected, and successful with peers.

**Our supportive, therapist-led group creates a safe space for kids to practice skills, connect with peers, and grow socially in a fun and encouraging environment.**

 **In-person in Riverdale, NJ**

 **Summer enrollment now open – limited spots available**

**973-588-4486**



**MIDDLE SCHOOL (AGES 11-13)**

## SOCIAL SKILLS SUCCESS GROUP

**STRONGER SKILLS. BETTER CONNECTIONS.  
MORE CONFIDENCE.**



Small group sessions that help tweens navigate friendships, handle challenges, and build the social confidence they need—now and beyond.

### GROUPS HELP KIDS:

-  Improve conversations & listening
-  Manage emotions & reduce stress
-  Handle conflict & social drama
-  Build confidence & self-esteem
-  Make meaningful friendships

