



Located in convenient Florham Park, New Jersey, we provide a **unique patient-first philosophy** that will be felt immediately upon entering our facility. Our fully licensed and caring staff has one goal in mind: to provide an environment that promotes **long-term abstinence from drugs or alcohol** to anyone who needs help. We personalize our approach for each person and care will be delivered by experts who have dedicated their lives to addiction treatment. Our convenient outpatient program gives people the flexibility to carry on with life while they receive treatment but also to implement all that we offer.

CLINICAL CARE

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Co-Ed Group Therapy
- Family Programming
- Emotion Regulation Techniques
- Relapse Prevention Education
- Client Care Coordination
- Motivational Interviewing
- Process Groups
- Dual Diagnosis
- 12-Step Education

Summit Behavioral Health is completely dedicated to fostering lasting sobriety in each person who walks through our doors. We take a client-first and individualized approach to treatment that allows us to focus on effective methods to help you turn over that new leaf in sobriety.

855.719.5105

www.serenityatsummit.com

www.delphihealthgroup.com



* All Delphi facilities have achieved the Gold Seal of Approval from The Joint Commission.

