

RIVERSTONE THERAPIES LLC

MUSIC THERAPY

THE CLINICAL USE OF MUSIC BY A BOARD-CERTIFIED MUSIC THERAPIST
TO ADDRESS NON-MUSIC GOALS

OUR SERVICES

MUSIC THERAPY

- **In-office**

30-, 45-, and 60-minute sessions
Parsippany-based office
Individualized treatment plans
Quarterly send-home reports

- **Dyads**

Available upon request
In office or at home, depending
upon need

- **School/Facility Groups**

Group or individual therapy
tailored to each program's
specific needs

- **Adapted Music Lessons**

For children/adults with learning
differences

- **Sibling Support**

Dyad sessions and music lessons
available upon request

INCLUSIVE GROUPS

- **Rolling River Drumming**

A drum circle for everyone, to learn
basic techniques and take leadership
roles

- **Bellwave**

A hand chime choir focused on
community building and music making

- **Now Streaming**

The participant-led vocal choir that
focuses on cooperation, community,
and music-making

- **Teen & Adult Therapy Groups**

Focused on individualized therapy
goals, for ages 14 and up

- **Children's Groups**

Inclusive music groups for ages
6 months to 13 years (separated by age)

- **Family Support**

Mindfulness/relaxation groups

PASSION. QUALITY. CONSISTENCY.

- Therapy services begin with a free consultation, followed by a formal assessment
- Flexible scheduling available for busy families
- In-home and telehealth options available on a case-by-case basis, on request
- Quarterly reports keep families involved as an integral part of treatment

Together, we'll build a path forward, with compassion,
expertise, and trust at the heart of everything we do.

At Riverstone, We Flow To Grow

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