

Do you experience  
guilt or frustration  
around the holidays  
and need a safe place  
to process?



Are you interested in  
learning from  
parents who share  
the same experience?

**NEW GROUP STARTING  
NOVEMBER 9TH, 2021**

# PARENT AND CAREGIVER SUPPORT GROUP

**The holidays can be a joyful time of year, and it is also common to feel overwhelmed, stressed, or anxious, with triggers and adjustments. To help alleviate these stressors, Ginnie's House is hosting a 6-week support group for non-offending parents and caregivers of children that have been abused or neglected. This group is free and open to members of the community.**

**WHEN: EVERY TUESDAY EVENING FROM 7 PM TO 8 PM  
WHERE: ZOOM (LINK WILL BE PROVIDED AFTER SIGN-UP)**

**To sign-up, or for more information, please contact  
Lori at 973-579-0770 ext. 7020  
lori@ginnieshouse.org**