

D2B



Dare 2 Believe Counseling

ABOUT US

Dare 2 Believe Counseling is a Medicaid approved agency that is contracted through the Children's System of Care (CSOC). We provide therapeutic and clinical services for youth ages 4-21. The services we currently provide are Intensive-In Community (IIC) and Behavioral Assistance (BA) which can take place individually or simultaneously. We also conduct biopsychosocial (BPS) needs assessments. All of our services take place inside the youth's home or community. Dare 2 Believe utilizes a wraparound approach and builds on the youth's strengths and natural supports.

Dare 2 Believe Counseling, LLC
dare2believecounseling.com

OUR SERVICES

Dare 2 Believe Counseling provides the following home-based/community-based services:

- Intensive In-Community (IIC)
- Behavioral Assistance (BA)
- Biopsychosocial Needs Assessment (BPS)

believe

Meet the CEO/Clinical Director Tara Alnemy, LPC started her professional career while working for the Parsippany Troy Hills School District. She worked with special education students for five years in this role, mostly working with students with autism spectrum disorders in ABA classrooms. During this time, her passion for working with children with developmental, emotional, and behavioral needs was born.

Tara graduated from Liberty University in 2014 with a MA in Professional Counseling. She also gained experience with substance abuse while working at a men's residential substance abuse facility during her internship.

Shortly after graduation, she started working for a CSOC agency providing I/H/IIC services as a provider. Throughout this experience, she has continued to strengthen her clinical skills and continues to work with youth with I/DD needs.

Tara is a high-energy and creative therapist who uses expressive-based interventions with the youth and families she services. Tara is hands on, flexible, and able to adapt to her environment to cater to each individual and/or family's needs that she services.

95 West Main Street Suite 5-204
Chester, NJ 07930
talnemy@dare2believecounseling.com

THE **best** WAY
TO PREDICT
YOUR FUTURE IS TO
create it.

Day	Hours
Monday	9:00-6:00
Tuesday	9:00-6:00
Wednesday	9:00-6:00
Thursday	9:00-6:00
Friday	9:00-6:00
Saturday	Closed
Sunday	Closed

Dare 2 Believe Counseling, LLC
dare2believecounseling.com

201-519-9990

Call today to inquire about our clinical services!