



Occupational and Speech Therapy

Developing Skills. Enriching Abilities. Improving Behaviors.

About Us

Alta Pediatrics is an occupational therapy and speech therapy clinic located in Scotch Plains, NJ. We specialize in treating children from 0-21, including babies, toddlers, preschoolers, school-age children, and teenagers.

Kimberly Hurley MOTR/L founded Alta Pediatrics in 2020. Kimberly received her Master's in Occupational Therapy from University Sciences in Philadelphia.

Working alongside Kim, our expert team brings decades of experience in treating children for Autism Spectrum Disorder, Sensory Processing Disorder, Auditory Processing, Speech Delays, Developmental Delays, Feeding, Fine Motor Skills, Gross Motor Skills, and Handwriting.



Our Space

Centrally located in downtown Scotch Plains, our space includes a sensory gym, open play space, fine motor and speech therapy rooms, as well as a comfortable waiting area for families.



What is Occupational Therapy?

Pediatric occupational therapy is OT that addresses kiddos. Typically, kiddos are seen for developmental conditions and the approach is considered habilitative, which is the development of skills and function that they otherwise would have had a difficult time or been unable to develop without services

Some Signs That OT May Be Beneficial



Missing or slower in meeting development milestones



Difficulties with fine motor skills, pencil-grip, and handwriting



Difficulty with activities of daily living like getting dressed, brushing teeth



Over or under-responsive to sensory, hyper-activity, or difficulties with self-regulation

Our Services



Initial Evaluation

We conduct a comprehensive one-hour evaluation, including standardized and non-standardized tests, as well as clinical observations



Therapy Sessions

Our therapy sessions are 45 minutes and can be provided in our clinic or in a school setting



Social Skills Group

We conduct social skills groups throughout the course. Our groups currently cover 3 to 5 year olds, and 5 to 8 year olds

Contact



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altapediatrics.com

