



**TALK  
SAVES  
LIVES**

# A Brief Introduction to Suicide Prevention

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

Michelle will also share about AFSP programs and resources and how you can bring them to your workplace or community

## Date

Thursday, September 23, 2021

## Time

12-1 pm

## Presenter

Michelle Vorpahl, NJ Associate Area Director, American Foundation for Suicide Prevention NJ Chapter

## RSVP

Please Register in Advance  
<https://tslseptnjhc.attendase.com/>

## Hosted by

AFSP NJ Chapter in partnership with the North Jersey Health Collaborative

