

LGBTQ+

Suicide Prevention Resources



National Suicide Prevention Lifeline

1-800-273-TALK (8255)
Veterans: Press 1



Trans Lifeline

Support for transgender people,
by transgender people
1-877-565-8860



Text TALK to 741741

Text with a trained counselor from
the Crisis Text Line for free, 24/7



SAGE LGBT Elder Hotline

Peer-support and local resources
for older adults
1-888-234-SAGE



The Trevor Project

TrevorLifeline: Available 24/7 at
1-866-488-7386

TrevorText: Text TREVOR to
1-202-304-1200

TrevorChat: Via thetrevorproject.org



The LGBT National Hotline

Peer-support and local resources
for all ages
1-888-843-4564

afsp.org/lgbtq



**American
Foundation
for Suicide
Prevention**